Health Psychology

New Program Proposal

Date Submitted: Fri, 18 Sep 2015 18:03:22 GMT
Changes proposed by: Sara Kirk

Academic Career: Graduate, Lawrence
Program Type: Certificate
Constituent Programs Department/ Program: Psychology (PSYC)
School/College: College of Lib Arts & Sciences
Program Name: Health Psychology
Location(s) of Instruction: Lawrence, Kansas City
Do you intend for this program to be offered online? No
Effective Catalog 2016 - 2017

Program Description
Provide health psychology coursework to a variety of students enrolled in graduate study. Health psychology is involved in many professions to include psychology, educational psychology, allied health professions, exercise science, sociology, social welfare, and many others. Today’s health care is an interprofessional approach to service and health psychology will be part of patient contact and research being conducted in all health areas. Researchers and providers that have education and training in health psychology are in high demand with the changes in health care emerging. Our certificate will supply broad and specific education in health psychology theory, research and clinical applications.

Demand/Need for the Program
There is no such certificate program available in the area. The Clinical Psychology program has a Major area of Study in Health Psychology but admission to that program is quite limited and this certificate program could serve a wide range of graduate students at the University of Kansas as well as graduate non-degree seeking students. One of the major demands right now across disciplines is interprofessional training and development. We hope this program will bring together persons seeking graduate education across many disciplines who will learn and work interprofessional in a variety of health care settings. Health care is moving to “health homes” where patients will receive integrated behavioral health care especially for chronic health conditions. This certificate program will support various graduate students in their pursuit of interprofessional education and training. We have had students from a variety of graduate areas including clinical psychology take health psychology courses and indicate strong interest and desire to account for specialization in the area of health psychology.

Comparative/Locational Advantage
No known comparable program in area.

Admission Requirements
Admissions to Health Psychology Graduate Certificate Program

All graduate students entering the Health Psychology Certificate Program must speak with their academic advisor before entering the program.

The Director or Assistant Director of this Certificate Program will be available to meet with each student and design a curriculum that best meets the student’s needs. Each student will have a personalized plan depending on their interests and current enrollment in a graduate program or otherwise.

Current Graduate Students, Psychology Department
Psychology department graduate students who wish to pursue a Health Psychology Graduate Certificate should consult with Dr. Sarah Kirk or Dr. Nancy Hamilton. The Department will then request that the College/school add a certificate to a graduate degree-seeking student’s plan. There is no application fee.

Current Graduate Students, Outside of Psychology Department
Current non-psychology department KU graduate students should complete the online application for the Health Psychology Graduate Certificate Program found at http://graduate.ku.edu/ku-graduate-application and pay the associated fee.

Application requirements include:
1. A Health Psychology Certificate Program Application that includes a statement of interest in Health Psychology
2. Current Degree Progress Report (DPR) if applicable
3. A graduate GPA of 3.0 or higher is required if currently enrolled in a graduate program

Incoming Graduate Students, Outside of Clinical Psychology or Clinical Child Psychology program at KU
In addition to the application requirements stated above, students recently admitted to a graduate degree program outside of Clinical Psychology or Clinical Child Psychology at KU must also provide documentation showing that they have been admitted in regular status.

Students Seeking Certificate Only
Students seeking the certificate only should complete the online application for the Health Psychology Graduate Certificate Program found at http://graduate.ku.edu/ku-graduate-application and pay the associated fee.

Application requirements include:
1. Copy of official transcripts from all previous post-secondary educational institutions
2. Letter of recommendation from persons familiar with their academic work or potential for graduate school (email to the Assistant Director at skirk@ku.edu)
3. A Health Psychology Certificate Program Application that includes a statement of interest in Health Psychology

Minimum requirements will be a bachelor's degree; a GPA of 3.0 or higher in undergraduate work is generally required for admission, but the GPA requirement may be waived at the discretion of the Graduate Director and with approval of the College and Graduate Studies.

Additional Admissions Information
An admissions committee consisting of the Certificate in Health Psychology Director and Co-Director and one rotating Health Psychology faculty will meet at least once each fall and summer semesters to make admissions decisions. The committee will make fall semester admission decisions by July 1st and spring admission decisions by December 1st.

For more information on admission to a graduate certificate program, see the policy on Graduate Certificate Programs-Eligibility and Admission Criteria.

Degree Requirements
Health Psychology Graduate Certificate Program Requirements

Students must maintain a 3.0 GPA in courses taken in the certificate program and maintain good standing in any University program of study for which they are enrolled.

At least once per year the participants will be required to meet with the Health Psychology Certificate Director or Assistant Director to discuss progress in the Certificate Program. Those meetings will need to take place in the spring advising period and will be prompted by the Assistant Director.

A student pursuing the Health Psychology Certificate can take no longer than 4 years to pursue the certificate unless a leave of absence or other extenuating circumstances are present. In either event a petition letter would need to be submitted to the Director and Co-Director during the 4th year of enrollment.

Course Requirements

To complete the Health Psychology Graduate Certification, 12 credit hours* must be completed within 4 academic years.

3 units: (Required) One of the two Primary Health Psychology Courses; PSYC 832 or PSYC 833
9 units: Any combination of electives or other primary course not used for the primary requirement (may include a cross listed course).

*Only one course outside of Psychology can be included in these 12 credit hours.

Primary Health Psychology Courses: (3) 3
Prevention and Illness management are the primary clinical foci of health psychology. Thus, all students are required to take one of these two primary health psychology courses*.
PSYC 832 Clinical Health Psychology I: Health Promotion and Disease Prevention
PSYC 833 Clinical Health Psychology II: Acute and Chronic Illness
*Students who wish to take both courses may count the second course as an elective.

Elective Courses (9) 9
Elective Course Options: Psychology
Students may the select any of the following elective courses to fulfill credit requirements. Students are strongly advised to consult with their primary advisor to choose classes that are consistent with their primary course of study.*
PSYC 605 Health Psychology
PSYC 690 Seminar: (Eating Disorders)
PSYC 834 Clinical Health Psychology III: Physical Aspects of Health and Disease
PSYC 838 Pain and Its Management
PSYC 839 Palliative Care in Health Psychology
PSYC 840 Psychology of Women's Health
PSYC 841 Stress and Coping
PSYC 843 Behavioral Pharmacology
PSYC 844 Mental Health and Aging
PSYC 993 Seminar: (Treatment of Eating Disorders)

Elective Course Options: Non-Psychology *Only one of the following may be used toward completion of 12 hours.
Educational Psychology
EPSY 845 Substance Abuse Counseling
EPSY 871 Crisis and Disaster Counseling Health Sport and Exercise Science
HSES 779 Physiology of Functional Aging
HSES 803 Health Behavior Theory
HSES 806 Stress Management
HSES 812 Current Issues in Health
HSES 814 Implementing Health Programs
HSES 823  Behavior Modification in Health and Exercise
HSES 892  Psychology of Physical Activity Sociology
SOC 824  Health and Social Behavior Social Welfare
SW 832  Social Work in Health Care and Mental Health Settings
SW 833  Social Work and Aging

*Students may also petition the Director to take an alternative course offered and not listed here (Example: Pediatric Psychology, Courses at KUMC in MPH or other program areas).

**Faculty Profile**

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<th>Name of Faculty and Rank</th>
<th>Highest Degree</th>
<th>Number of Faculty FTE</th>
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<tbody>
<tr>
<td>Nancy Hamilton, Associate Professor</td>
<td>Ph.D.</td>
<td>1.0</td>
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<tr>
<td>Sara Kirk, Co-director and curriculum manager, responsible for all record keeping.</td>
<td>Ph.D.</td>
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<tr>
<td>Tamara Baker, Associate Professor</td>
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<tr>
<td>Kelsie Forbush, Assistant Professor</td>
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<td>David Johnson, Associate Professor</td>
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<td>Monica Kurylo, Associate Professor</td>
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<tr>
<td>Eve-Lynn Nelson, Professor</td>
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<td>Michael Rapoff, Professor</td>
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**Student Profile**

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<tr>
<td>Year 3</td>
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**Anticipated number of program graduates**
After 5 Years  25
After 7 Years  50

**Academic Support**
None

**Facilities and Equipment**
None

**Program Review, Assessment, Accreditation**
The College and Graduate Studies will evaluate the certificate program every 7 years as part of the mandatory review and renewal process for all graduate certificates.

**Costs, Financing**

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<td>Year 3</td>
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**What is the source of the new funds?**
No additional or increased costs are associated with this program.
Rationale
There is no health psychology certificate program in our region. A certificate program serves a wide range of graduate students. A major demand right now is interprofessional training and development. This program brings together persons to learn interprofessionally and prepare for work in integrated behavioral health care. We need professionals trained in behavioral health to fill the need. This program supports the pursuit of interprofessional education and training.